



7th Internat. Austrian Alps Cup Trampoline Gymnastics November 1-2, 2019 in Wals/Salzburg

DIRECTIVES

FIG Event ID: 16219

Dear FIG affiliated Member Federations,
The Austrian Gymnastics Federation is pleased to invite your Federation and/or authorized member clubs of your federation to the 7th International Austrian Alps Cup Trampoline Gymnastics 2019 taking place from 1st until 2nd November 2019 in Wals-Siezenheim (Salzburg)!

Discipline:	Trampoline Gymnastics
Host Federation:	Austrian Gymnastics Federation Head of Competition ÖFT Sports Director TRA: Mrs. Ingrid Hemedinger, ingrid.hemedinger@oeft.at Schwarzenbergplatz 10/3, 1040 Vienna, Mobile Phone: +43 676 739 53 94, www.oeft.at/alpscup Contact Person: Ines-Katharina Jahn, ines.jahn@oeft.at , Landline: +43 1 5055179-14
Venue:	Walserfeldhalle Schulstraße 17, 5071 Wals-Siezenheim, Salzburg
Height of Hall:	10 meters
Equipment:	Eurotramp Ultimate 4x4 mm (03150) Eurotramp HDTs Measurement Devices (HDTs01)
Rules:	The "Austrian Alps Cup" will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: <ul style="list-style-type: none">▪ Statutes▪ Technical Regulations▪ Code of Points and relevant Newsletters▪ General Judges' Rules▪ Specific Judges' Rules▪ Doping Control Rules▪ Licence rules▪ Media Rules

Competition Invitation



- Apparatus Norms
 - FIG Rules for Sanctioning of International Events
 - Advertising and Publicity Rules
 - Medical Organization of the Official FIG Competitions and Events
 - Accreditation Rules
- and subsequent decisions of the FIG Executive Committee*

Participants:

The "Austrian Alps Cup" is an international event; open to all clubs affiliated in the respective Federations as well as Representatives of National Federations, District or Regional Associations. All delegation members must have a valid health and accident insurance. The organizers will not be held responsible for any accidents.

Age Limits:

The "Austrian Alps Cup" is open for the age groups 11-12, 13-14, 15-16, 17-21 and Senior with by gender separated competitions for each Age group. **All gymnasts must have a valid FIG licence until the end of the event.**

Provisional Schedule:

Friday, 1st Nov, 2019:

all day	Arrival of delegations
06:00 p.m. - 08:00 p.m.	Accreditation
06:30 p.m. - 09:00 p.m.	Free Training
08:00 p.m.	Orientation Meeting

Saturday, 2nd Nov, 2019:

08:00 a.m. - 10:00 a.m.	Warm-Up
10:00 a.m.	Qualification
04:30 p.m.	Finals
07:30 p.m.	Victory Ceremony
08:30 p.m.	Banquet
all day	Departure of delegations

Sunday, 3rd Nov, 2019:

Entry deadline:

provisional entry:	Tue, 9 th July 2019
definitive entry:	Tue, 20 th August 2019
nominative entry:	Thu, 26 th September 2019

Entry fee:

€ 35,- per gymnast and start

Judge:

All Judges must have a current valid FIG Brevet in the respective discipline. All participating delegations have to provide 1 judge for 1-10 gymnasts, 2 judges for 11-20 gymnasts, etc. For each missing judge the entry fee per gymnast will be EUR 60,00

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Accreditation:

Accreditation will be on Friday, 1st of Nov. 2019 starting at 06:00 p.m. at the competition venue.

Event Format:

Valid FIG Trampoline Code of Points 2017-2020.

75% of all starters in each category – min. four (4), max eight (8) – will advance to the final.

In the finals the IOC tie-break rules for individual competition will be applied.

Medical Services:

Medical services (a doctor as well as emergency transportation to the nearest hospital) will be provided during the event.

Media:

Participants at the competition automatically agree to be photographed and filmed for live stream or press relations and declare their unreserved agreement to the publication, which is free of charge by the Austrian Gymnastics Federation and other cooperating partners and media.

Visa:

In case a visa is required to enter Austria the Austrian Gymnastics Federation will be happy to assist each delegation with an official invitation (reference no.), provided that the request is made before **20th August 2019** with the respective form. The request must include the function, full name, gender, date of birth, place of birth, home address, citizenship and passport number, passport expiry date, the arrival and departure dates of each delegation member.

Insurance:

The Host Federation, the organizers and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.

The Organizers will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy).

Transportation:

All transportation is at the participating delegation's responsibility and costs.

For your information: There is a public bus transport (Flixbus) from Munich Airport to Salzburg.

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Accommodation:

All information and tickets can be found on the homepage:
www.flixbus.at

Hotel Star Inn***
Franz Brötzner Straße 15
5071 Wals
Tel: +43 662 855 525
www.starinnhotels.com

The costs per person and night are the following:
€ 70,- (single room, incl. breakfast)
€ 50,- (double, incl. breakfast)
€ 45,- (triple = 2 double beds, incl. breakfast)
€ 40,- (quadruple = 2 double beds, incl. breakfast)

Junge Hotels Wals (Hostel)
Schulstraße 5
5071 Wals
Tel: +43 662 851 377
<http://wals.hostel-salzburg.at>
€ 35,- (quadruple, incl. breakfast, person & night)
Two rooms share one bath room.

The accommodation form must be returned by Tuesday, 20th August 2019. The rooms will be allocated on a "first come, first serve" basis.

Meals:

At the competition hall there will be the possibility to buy snacks for dinner on Friday 1st Nov. 2019 and for lunch on Saturday 2nd Nov. 2019.

Banquet:

The Banquet incl. Party starts on Saturday at 08:30pm. Tickets prices are € 30,- per person.

Payment:

Raiffeisenbank NOe+W:
IBAN: AT31320000000843425,
BIC: RLNWATWW
Raiffeisenlandesbank Niederösterreich-Wien AG; F.W.-
Raiffeisen-Platz 1, 1020 Vienna
The participating federations/clubs are responsible for covering all bank fees in connection with the bank transfers!

Cancellation Policy:

The entry fee is not refundable after the definitive entry. Cancellation of accommodation between 20th August and 26th

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Sept. 2019 will be subject to 50% cancellation costs. In case of cancellation after 26th Sept. 2019 no costs will be refunded.

Deadline Summary:

Provisional entry:	Tue, 9 th July 2019
Definitive entry:	Tue, 20 th August 2019
Nominative entry:	Thu, 26 th September 2019
Accommodation form:	Tue, 20 th August 2019
Visa form:	Tue, 20 th August 2019
Payment of entry fee:	Tue, 20 th August 2019
First Payment of accomm. (50%):	Tue, 20 th August 2019
Payment of banquet:	Thu, 26 th September 2019
Final payment:	Thu, 26 th September 2019

Social Media:

<https://www.facebook.com/OeFT1>
https://www.instagram.com/oef_t_gym/
<https://www.facebook.com/Internationaler-Alpencup-Salzburg-185169644960449/>

GDPR:

The Austrian Gymnastics Federation will handle every bit of personal information received according to the General Data Protection Regulation of the European Union. It is understood, that every active and official participant of the event consents to being photographed and filmed, as well as having their pictures and videos published as part of the official event presentation and coverage.

Additional Information:

Athletes younger than 11 years are allowed to participate at the competition and will be scored separately.

Contact:

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Looking forward to welcoming your delegation in Austria!
Austrian Gymnastics Federation

Friedrich Manseder
President

Robert Labner
Secretary General

Ingrid Hemedinger
Director of Sports TRA





Annex: Competition and Difficulties

Competition number:

- Competition 1: 11-12 years female
- Competition 2: 11-12 years male
- Competition 3: 13-14 years female
- Competition 4: 13-14 years male
- Competition 5: 15-16 years female
- Competition 6: 15-16 years male
- Competition 7: 17-18 years female
- Competition 8: 17-18 years male
- Competition 9: Seniors female (17 years and older)
- Competition 10: Seniors male (17 years and older)

Difficulties:

Comp. 1/2: according to FIG 11-12 years rules for WAGC.

1. The routine consists of 10 different elements
2. only two (2) elements allowed with less than 270° somersault rotation. Each element meeting the requirement must be marked with an asterisk (*) on the competition card. These requirements cannot be fulfilled by combining them into one element but must be performed as separate elements.
3. 1 element landing on the back of the body
4. 1 element landing on the front of the body
5. back somersault with full twist

Comp. 3/4: according to FIG 13-14 years rules for WAGC.

1. The routine consists of 10 different elements
2. only one (1) element allowed with less than 270° somersault rotation. Each element meeting the requirement must be marked with an asterisk (*) on the competition card. These requirements cannot be fulfilled by combining them into one element but must be performed as separate elements.
3. one (1) element to the front or back
4. one (1) element from front or back- in combination with N°3
5. one (1) double front or back somersault with or without twist and
6. one (1) element with a minimum of 540°twist and minimum 360°sommersault rotation

Comp. 5/6: according to FIG 15-16 years rules for WAGC.

1. The routine consists of 10 different elements
2. only one (1) element allowed with less than 270° somersault rotation. Each element meeting the requirement must be marked with an asterisk (*) on the competition card.



These requirements cannot be fulfilled by combining them into one element but must be performed as separate elements.

3. one (1) element to the front or back
4. one (1) element from front or back- in combination with N°3
5. one (1) double front or back somersault with or without twist and
6. one (1) element with a minimum of 540°twist and minimum 360°sommersault rotation

Comp. 7/8 according to FIG 17-21 years rules for WAGC.

1. The routine consists of 10 different elements each with a minimum of 270°sommersault rotation
2. two (2) elements, marked with an asterisk (*) on the competition card, will have difficulty ratings. The difficulty will be added to the execution, time of flight and horizontal displacement scores to give the total score for the first routine.
3. None of these two (2) elements may be repeated in the second routine of the qualifying round; otherwise the difficulty of these repeated elements will not be counted

Comp. 9/10: FIG A according to Code of Points

- 11-12 years: 1,5 pts.
13-14 years: 1,7 pts.
15-16 years: 1,8 pts.
17-21 years: 1,8 pts.

For 11-12 years old, triple somersaults are prohibited
For all age groups, quadruple somersaults are prohibited

Limitations of the difficulty in a single element accord. to FIG rules for WAGC for the following age groups: